

Understand how early experiences affect children

Children's Brain and Emotional Development:
What people working with children really need know

This online course will help you to understand children's emotional and psychological states in the context of new research into the brain, body and nervous system – revealing insights which will directly inform your work.



**ONLINE COURSE
5 HOURS
PRICE: £59**

Course Lead:



Dr Graham Music is a Consultant Child and Adolescent Psychotherapist at the Tavistock and Portman NHS Foundation Trust and an Adult Psychotherapist in private practice. Dr Music has a particular interest in exploring the interface between developmental findings and clinical work, and brings a wealth of teaching experience to the Digital Academy.

What will you gain?

This course will allow you to:

- Explore new science about the brain and nervous system, and key child development theories, such as attachment theory
- Make sense of children's behaviours and mental states by linking these to family background, biological inheritance and emotional contexts
- Gain an awareness of how the brain and nervous system develop, and the impact of early experiences on how children behave, think and feel
- Understand the impact of adverse experiences, and how emotional growth and resilience can develop as a result of new experiences
- Apply this knowledge to your own interactions with children and young people – understanding that change is always possible, even in our brains.



How will you learn?

- Explore key concepts through interactive lecture content and videos
- Deepen your understanding via regular opportunities for reflection
- Consider a Case Study to help apply the theory to your work
- Access a range of relevant resources for free via a digital reading list
- Test your knowledge with a multiple-choice quiz, and unlock a certificate